



Photo Voice Project



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Who Am I?

**My name is Faouzi Jakkal,
and I am a Moroccan
national who moved to
Spain from Morocco 24
years ago**



My own adaption in Europe

What My Photo Means



I'm an immigrant who arrived in Spain at a very young age, when I was five years old. Throughout this journey, I have experienced many different situations, both positive and negative.

At the beginning, the transition was quite intense and challenging due to the cultural and educational differences, as well as the process of adapting to a new country and a new environment. The language barrier was particularly significant and caused me many difficulties, both at school and in my daily life outside of it.

As the years went by, sport played a crucial role in helping me adapt more successfully and improve my quality of life within society. Through sports, I was able to make friends, build meaningful relationships, and integrate more easily into my surroundings. At the same time, I also adapted to the customs and traditions of the society around me, while the people in my environment became familiar with my personality, my values, and my cultural background.

Over time, we found common ground and developed strong connections. However, there were also many occasions when I had to face racism, judgmental looks, and attitudes of superiority from others. I encountered people who sought to belittle me simply because of the colour of my skin or because a different language was spoken in my home.



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